



SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: To strengthen our communities to support alcohol and drug free youth in Lincoln County.

Next SUPP Coalition Meeting:

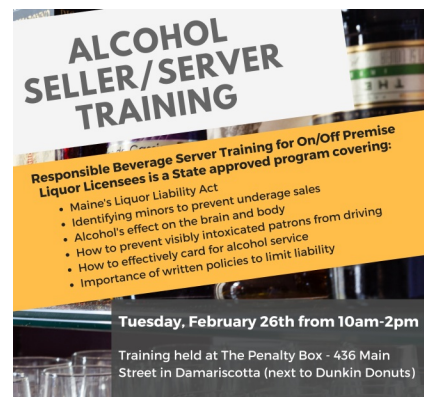
Tuesday, February 19th from 7:30 - 9am; Location TBA

RESPONSIBLE BEVERAGE SERVER TRAINING FEBRUARY 26

1 in 10 teens in high school report drinking and driving. Knowing how to identify underage customers, and both knowing and upholding the law can make a difference.

In an effort to prevent underage drinking and impaired driving, Healthy Lincoln County partners with the Lincoln County Sheriff's Office to offer training to staff and managers at liquor licensed businesses. The training, called "RBS" or Responsible Beverage Server training is a state-approved program which covers Maine's liquor liability law, how to better identify underage patrons, how to prevent visibly intoxicated patrons from driving, and more.

[Click here to view the flyer](#), and call 563-1330 or email us at info@healthylincolncounty.org to learn more or register. You can also help spread the word by [sharing our posts on Facebook](#) or [Instagram](#)!



PRE-REGISTRATION REQUIRED.

Instructors: Chief Deputy Rand Maker & Sgt. Mark Bridgham
Cost: \$15 per person, cash or check due at time of training.
Attendees receive a certificate valid for (3) years.
Participants must present photo ID at time of training.
Space is limited, register today.
To Register: Call 563-1330 or email jbreitaupt@healthylincolncounty.org



FEBRUARY FAMILY FUN



With February Break around the corner and thoughts of Spring on the horizon, it's the perfect time of year to engage in some fun winter time activities. Now that the ground is snow covered, it's a great time to whip out the snowshoes or sleds and enjoy an afternoon of winter fun as a family. Looking for other ideas? [LL Bean](#) offers tons of free events for kids throughout the winter months. Also, be sure to check out the [Maine Federation of Farmer's Markets](#). Many farmer's markets are open throughout the winter, and your kids may enjoy visiting one as a refreshing reminder of the summer months!

Too cold or not the outdoorsy type? Try a new craft with your child, like making homemade slime or building a fortress. If you're looking for some inspiration, here's a list of [31 different winter time activities to do with kids](#).

VAPING VIDEOS REACH OVER 3,000

In January, Healthy Lincoln County reached over 3,000 people with their short, informative videos on vaping.

The three videos were created to provide the basic information that every parent or guardian needs to know about the fastest growing health trend with middle and high school students. Rates of students who report using e-cigarettes has increased significantly in the past year, with national data suggested an almost 50% increase in middle school students and an almost 80% increase in high school students who use e-cigarettes.

The videos can be viewed or shared on [HLC's Facebook page](#). If you have suggestions for other video topics, [let us know!](#)



Healthy Lincoln County: Part 3- Vaping and Juuling-kids...

Vaping and Juuling has become a problem in our middle schools the past year. In this video, part 3 of a 4 part series, we discuss h about vaping. We have also included resources for you to review

SAVE THE DATE

2018-2019 COALITION MEETINGS

*Locations will be announced prior to meetings.

February 19 from 7:30 – 9am

March 21 from 2:30 – 4pm

April 16 from 7:30 – 9am

May 16 from 2:30 – 4pm

June 18 from 7:30 – 9am

Other Upcoming Events

Responsible Beverage Server Training

February 26 - 10am-2pm

Maine Fisherman's Forum - Samoset Resort

March 1 - We'll be there!

APRIL: ALCOHOL AWARENESS MONTH



Visit our Website

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STAY CONNECTED

